

## Dr S.Tirunagari's Report

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This was my second visit to JSS Ganiyari and I had 2 main goals. One was to understand current practices around Pain Management and how can I contribute further, an idea suggested by Dr Yogesh Jain and second if we can get Blood Gas Analyser Machine to be donated by FOJSS UK.

**Pain Medicine @ JSS:** I met apart from Dr Raman Kataria, couple of doctors to explore how we can take this further. We made a group which includes Dr Samant (Coordinates community program activities, especially NCD related activities), Dr Shamma (Looks at Disability program in the community, Physiotherapist by training), Dr Rajni (Physiotherapist at JSS Hospital), Dr Sushil (Clinical Coordinator), Dr Janhavi (New resident in Family Medicine training) and Dr Alka (Anaesthetist and Pain Doctor).

Our mission is both to educate and help to practice safely pain medicine @ JSS. For example by talking to above group I understand there are 3 tiers of workers whom we need to work with/on. Speaking to doctors who were in outpatient surgery, who are very competent especially working in very very limited resources settings, there is some need to work on improving pain management, especially cases like SICKLE CELL PAIN. I spoke to a young doctor who had already done all the work but just needed some reassurance that sometimes there is limitation to how much we can do. Another area we would like to work on is palliative care.

Dr Kataria advised that his current priority is to understand palliative care symptom management and how to further palliative care at JSS.

**FOJSS UK donation of Blood Gas Machine:** This was one of our aims to negotiate a contract with a standard company which can both provide a ABG machine and crucially give us long term support. Dr Sunil Grover, Consultant Anaesthetist UK, with another colleague has raised around £10,000 to support ICU at JSS. But having looked at the priorities and more importantly JSS needs it was decided to postpone this for future.

I will never forget experiences I endeavour every time I visit JSS, which not only make me humble but also keeps my hopes alive that there is still human love for others despite what we hear in news around us. One of my take home message is to first understand THE NEEDS before you embark on planning. Looking forward to visit JSS soon.

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