

Charity Registration no. 1164594

**FRIENDS OF JAN SWASTHYA SAHYOG (JSS) IN UK**  
**TRUSTEES'S REPORT**  
**FOR THE YEAR ENDED 5 APRIL 2018**

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **LEGAL AND ADMINISTRATIVE INFORMATION**

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Board of Trustees	Kislay K Thakur (Chair) Raman Kataria (JSS Rep) Sanjay Gupta (Secretary) Sunil Grover (Treasurer) Ashish Narula Sanjay Sinha Ajay Sharma Devesh Misra
Charity number	1164594 (England)
Principal address	Randalls, Node Park, Hitchin Road, Codicote, Herts, SG4 8TH
Accountants	Number Crunching Ltd, Unit 5, Fen End, Stotfold, Herts, SG5 4BA
Bankers	HSBC, 1 Market Place, Hitchin, Herts, SG5 1DR

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **Structure, Governance and Management**

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#### **Type of Governing document**

Constitution of a Charitable Incorporated Organisation (the CIO) whose only voting members are its charity trustees (Foundation Model Constitution). The constitution was adopted on October 15, 2015.

#### **How the Charity is constituted**

A group of 8 Charity Board Trustees who are supported by around 50 Friends of Jan Swasthya Sahyog in UK (FOJSS in UK). Our charity was entered on the English Register of Charities on 27 November 2015.

#### **Trustee Selection Methods**

Trustees are appointed or reappointed by advertising at the 'FOJSS in UK' charity meetings which are held regularly. The appointees are from the Friends of JSS in UK, most of whom are NHS doctors and are passionate about our charity work and possess relevant interest and experience. All the Trustees are Consultant physicians or Surgeons and have undergone Criminal records Bureau check before appointment and at regular intervals in line with then statutory requirements. All Trustees give their time voluntarily and receive no remuneration or other benefits from the charity. They have read and accept the Trustee guidelines issued by the charity commission.

#### **Organisational Structure and decision making**

Day to day issues concerning our charity is managed by a small working group of Charity Secretary, Treasurer and the Chair. Any such decisions are further ratified in the FOJSS UK Trustee board meetings. Major policy decisions are made by consensus at the Trustee board meetings which are held regularly. Correspondence between Trustees is by phone and e-mails.

#### **Risk management**

The Trustees have given consideration to the major risks to which the charity is exposed and confirm that systems are in place to mitigate those risks. The risks are re-assessed regularly and when circumstances dictate.

*Jan Swasthya Sahyog (JSS) JSS (translated as people's health cooperative) is a unique charitable NGO running a comprehensive rural health programme in parts of impoverished central India. The movement was started more than 18 years ago by a group of like-minded doctors to improve the health care of rural India. The organisation has been recognised nationally and overseas for its sterling work in the field of low cost health care. Friends of JSS in UK is a group of 3 such friendly but independent associations (Friends of JSS USA and Friends of JSS Germany) who support JSS.*

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **Objectives and Activities**

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- To promote, facilitate and support exchange of health care professionals between JSS and FOJSS in UK for providing various health related services including training and research.
- To support JSS in acquiring various health-related technologies, skills and equipment.
- To raise funds for JSS for its various health related activities including provision and development of health related services, training and research and welfare of its staff.
- To support health programmes and organisations providing healthcare and development programmes to less privileged parts of India.

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **Achievements and performance for the year ending 5 April 2018**

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#### **Fund Raising events**

During this period various fund raising events were organised by the Friends of JSS in UK to support the various health related projects at the JSS hospital in Bilaspur.

In April 2017, FOJSS UK organised its 4<sup>th</sup> Annual meeting at Hertfordshire. The meeting was well attended by over 30 FOJSS UK members. During the meeting the members donated generously for the various JSS programs supported by the FOJSS UK.

In May 2017, Dr Sunil Grover took the challenge of cycling from John O'Groats to Lands End, a distance of 1000 miles in just 10 days. The ride was to raise the much needed funds for the ICU project at JSS Bilaspur, which is actively supported by the Friends of JSS in UK. Against all odds and inclement weather, he completed this arduous journey in an almost planned time. His adventure was widely supported by the friends of JSS in UK and significant donations were raised for this noble cause. We congratulate Dr Grover for his extra-ordinary efforts and hope future will see many more friends partaking in such fund raising events.

In September 2017, FOJSS UK member Dr Sunil Gupta celebrated his 50th birthday with his friends and family at his residence in London. As well as his birthday, the event was dedicated to the cause of JSS. Dr Sunil Gupta made a small presentation about JSS and its community health programme in central India and urged his colleagues and friends to support JSS and its worthy cause. Significant contributions were raised by his friends for which FOJSS UK remains grateful. FOJSS UK thanks him for his immense support to JSS and wishes him a great birthday!

#### **Education and Training**

In August 2017, Chairman Board of Trustees FOJSS in UK, Dr Kislay K Thakur visited JSS Bilaspur, India for a week. During his short stay at Bilaspur he observed the working of JSS base hospital in Ganiyari and village health sub centres. He was pleased with the progress of the ICU project and other nursing and medical training programmes supported by the FOJSS in UK. During his stay he also volunteered as a consultant surgeon in various clinics, operating sessions and village health program.

In August 2017, Dr S.Tirunagiri, Consultant Anaesthetist and Pain specialist, Watford General Hospital visited the JSS base hospital at Ganiyari. The visit was planned to

understand current practices around Pain Management and how FOJSS UK can contribute further, an idea first suggested by JSS doctors.

Dr Tirunagiri organised a specialist pain group including Dr Samant (NCD related community program coordinator), Dr Shamma (Disability program co-ordinator), Dr Rajni (Physiotherapist at JSS Hospital), Dr Sushil (Clinical Coordinator), Dr Janhavi (Resident in Family Medicine training program) and Dr Alka (Anaesthetist and Pain specialist) at JSS. The objective was to both educate and facilitate safe practice of Pain Medicine at JSS. Efforts were put in to improve pain management in limited resource setting, managing sickle cell pain and improved pain management in palliative care settings at JSS.

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **Achievements and performance for the year ending 5 April 2018 (continued)**

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#### **Promoting health care volunteering at JSS**

FOJSS UK continues to encourage and facilitate volunteering at JSS by UK medical students. During this period four UK medical students visited JSS base hospital for their elective posting. Their experience is appended on our website. ([www.fojss.org.uk](http://www.fojss.org.uk))

#### **Other health related voluntary programmes/activities**

Currently FOJSS in UK is supporting an ongoing training program and essential equipment purchase for Intensive care unit (ICU project) at the JSS base Hospital, Bilaspur, India. The support also includes a direct financial grant to for the salary of Medical and Nursing training personnel employed by the JSS hospital in Bilaspur, India.

## **FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

### **Trustee report for the year ended 5 April 2018**

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#### **Grant making policies**

The charity's grant making policy in accordance with its constitution to support the work of its local partner JSS. Grant making decisions are made by FOJSS in UK Trustee board on the merits of the individual projects submitted by the JSS.

#### **Fundraising performance**

The charity's fund raising activities are mainly seeking funds for various JSS projects from private sources via on line appeals and various fund raising events organised by the charity.

#### **Investment Performance**

Currently charity has no Investments.

#### **Public Benefit**

The Trustees have reviewed the aims of the charity as stated in the Objects, and are satisfied that they meet the requirements for public benefit as defined by the Charity Commission and are satisfied that public benefit is an integral part of its activities. The charity supports a wide range of projects within its stated aims. Each project is assessed by the Trustees to ensure they meet the public benefit criteria. The Trustees are confident that all the projects presently being supported are of public benefit in accordance to the requirements of the Charity Commission.

#### **Reserves Policy**

It is the Trustees policy to maintain sufficient unrestricted reserves to enable the charity to meet its obligations.

#### **Details of any funds in deficit and how this will be rectified**

There are no funds in deficit. The charity has over £10,000 in reserves of unallocated funds to cover any future deficits.

#### **Principal funding sources**

Private donations

#### **Expenditure and key objectives**

The trustees are satisfied that the expenditure of the last financial year were appropriate to the support for key objectives given above.

#### **Plans for the future**

The charity will continue to work to raise funds for all the activities appropriate to its objectives. We will continue to support ongoing healthcare projects of JSS Bilaspur. We will also continue to promote work done by JSS here in the UK to increase its awareness especially among the local medical community.



**FRIENDS OF JAN SWASTHYA SAHYOG IN UK (FOJSS IN UK)**

**Trustee report for the year ended 5 April 2018**

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On behalf of the board of trustees



Dr K Thakur (Trustee-Chair)  
Dated 1.12.18



Dr S.Gupta (Trustee-Secretary)  
Dated 1.12.18